

## Interested??

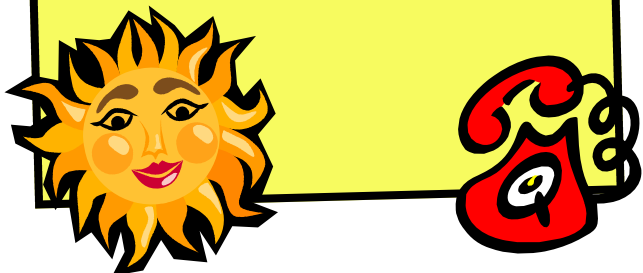
If you would like to put your name down for activities all you have to do is call our offices on:

16th JUNE 2010 or After.

Tell staff what activities you would like to put your name down for and they'll pop your name on the list. We will try and accommodate requests for multiple weeks but we will also try and give everyone the opportunity to attend at least one scheme.

Please note that due to child protection laws parents and carers cannot attend activities or programmes.

Office Number for Phone in:  
02890 387040



## Youth Matters

The Youth Matters Service provides social activities and programmes for young people with disabilities up to 20 years old. Through our service we hope that:

- Young people will have more opportunities to become independent and confident to access services available to them
- Young people will have increased opportunity to access local mainstream provision.
- Parents and carers will have a short break

If you would like more information on our activities, referral process, complaints process or other Cedar Services please contact:

Gillian Presho  
The Cedar Foundation  
Children and Young Peoples Service  
Adelaide House  
Hawthorne Industrial Estate  
Belfast  
Co. Antrim  
BT12 6SJ  
Main Office Line: (028) 9038 7040  
Direct Dial: (028) 9038 7047  
[g.presho@cedar-foundation.org](mailto:g.presho@cedar-foundation.org)

**Cedar**  
THE CEDAR FOUNDATION  
WORKING FOR DISABLED PEOPLE



## Youth Matters Activities Flyer

Summer 2010

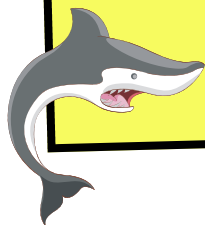


# Summer Schemes 2010

| Scheme   | Location  | Dates                                 | Times     | Age Group | Number of Places | Cost                           | Lunch or Snack Required     | Spending Money Required                |
|--|---|---------------------------------------|-----------|-----------|------------------|--------------------------------|-----------------------------|--|
| Olympia Leisure Centre- Games, Swimming, Arts/Crafts, Football                   | Olympia Leisure Centre Boucher Road                           | 5 <sup>th</sup> -9 <sup>th</sup> July | 10am-4pm  | 8-19      | 7                | £22.50                         | Yes- Packed Lunch           | Vending machines on site/ Café on Site |
| Olympia Leisure Centre- Games, Swimming, Arts/Crafts, Football                   | Olympia Leisure Centre Boucher Road                           | 19th-23rd July                        | 10am-4pm  | 8-19      | 7                | £22.50                         | Yes- Packed Lunch           | Vending machines on site/ Café on Site |
| Olympia Leisure Centre- Games, Swimming, Arts/Crafts, Football                   | Olympia Leisure Centre Boucher Road                           | 26th-30th July                        | 10am-4pm  | 8-19      | 7                | £22.50                         | Yes- Packed Lunch           | Vending machines on site/ Café on Site |
| Cedar Summer Scheme including OCN Relaxation, cooking, games, art, bocchia, Yoga | Laganview Enterprise Centre, Drumbeg Drive Lisburn Old Warren | 26th-30th July                        | 10am-4pm  | 16-19     | 10               | £30 including OCN registration | Yes—Packed Lunch            | Shop next to premises                  |
| Drama and Dance Scheme   | Hamilton House, Hamilton Road Bangor                          | 2nd-6th AUGUST                        | 10AM-12PM | 9-12      | 5                | £25                            | No- Bring a snack and juice | Vending machines on site               |
| Drama and Dance Scheme   | Hamilton House, Hamilton Road Bangor                          | 2nd-6th AUGUST                        | 1pm-3pm   | 13-19     | 5                | £25                            | No- Bring a snack and juice | Vending machines on site               |

# Summer Activities 2010

| Activity   | Location                                      | Dates         | Times  | Age Group   | Number of Places | Cost                        |
|--|---|---------------|--|---|------------------|-----------------------------|
| Cinema  | Lisburn                                       | 1st July 2010 | 6-9pm Approx   | 14+   | 15               | £5.50 plus snack money      |
| Amazon Animals Day<br>Get up close to some of the animals from the Amazon Jungle         | Australia House<br>Stockmans Lane<br>Belfast  | 9th August    | 10am-12pm  | 0-13  | 10               | £5                          |
| Amazon Animals Day<br>Get up close to some of the animals from the Amazon Jungle         | Austrailia House<br>Stockmans Lane<br>Belfast | 9th August    | 12-2pm  | 14+   | 10               | £5                          |
| Aquarium Trip  | Meeting at Aquarium<br>in Portaferry          | 11th August   | 1-3:30pm   | 14+   | 10               | £7                          |
| Aquarium Trip  | Meeting @ Cedar<br>Balmoral                   | 16th August   | 10am-3pm   | 0-13  | 10               | £7                          |
| Mystery Adventure Day<br>Our First ever mystery tour<br>and outdoor Adventure day        | Meeting @ Cedar<br>Balmoral                   | 19th August   | 10am-4pm   | 13+   | 12               | £15<br>Bring a packed Lunch |
| Pirate Adventure Golf  | Dundonald                                     | 24th August   | 2pm-4pm  | 14+  | 10               | £7                          |



### Lisburn Leisureplex

We have included a flyer for Lisburn Leisureplex 'Active Communities Scheme' whilst Cedar are not supporting at this scheme we thought it might be of interest to some of you

### Cregagh

I'm sure you've noticed we don't have our football scheme at Cregagh down this year. It was going to run on 5th-9th July but their football pitches are waiting to be relayed. At the time of printing we are not sure if it will run. If you are interested in the scheme please let staff know at ring-in and we will put your name on a list in case it runs.

Why not give Olympia a go?



### PARENT AND YOUTH ACTION TEAM SOCIAL EVENT

When: Thursday 5th August

Where: Austrailia House, Stockmans Lane, Belfast

Time? 6:30-9pm

Cost? FREE

What? DRUM CIRCLE AND BBQ



THIS IS A CHANCE FOR ANYONE ON OR INTERESTED IN OUR YOUTH AND PARENT ACTION TEAMS TO GET TOGETHER FOR SOME SUMMER FUN.

WE WILL HAVE JOE FROM 'THE GATHERING DRUM' COMING IN TO LEAD A FANTASTIC DRUM CIRCLE FOLLOWED BY SOME LOVELY BBQ GRUB.

PLEASE LET GILLIAN KNOW IF YOU AND YOUR FAMILY WOULD LIKE TO ATTEND