

Brain Injury Services



The Cedar Foundation Brain Injury Service offers a vocational training programme focusing on personal and vocational development, providing a bridge between hospital and community based rehabilitation and future goals such as:

- finding employment; return to pre-injury work, new or voluntary work roles
- training for a new vocational area.

The programme aims to:

- develop a good understanding of brain injury and its impact on return to work
- build and enhance current skills
- identify and address barriers to integration
- provide compensatory strategy training

The service has two strands; vocational rehabilitation training and a vocational case management service. It is open to those aged 16 – 64 years, and motivated to commit to a training programme. The service is delivered on a flexible person centred basis and support is available for up to 2 years with additional follow-up contact as needed.

For further information of services in your local area please contact:

SOUTH EASTERN	Tel: (028) 9262 9071	bissoutheastern@cedar-foundation.org
BELFAST	Tel: (028) 9061 2424	bisbelfast@cedar-foundation.org
FOYLE	Tel: (028) 7136 0136	biswestern@cedar-foundation.org
SPERRIN LAKELAND	Tel: (028) 6632 4400	biswestern@cedar-foundation.org
SOUTHERN	Tel: (028) 3026 3791	bissouthern@cedar-foundation.org
NORTHERN	Tel: (028) 2565 9111	bisnorthern@cedar-foundation.org



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Brain Injury Services Vocational Case Management



Offering people with brain injury the opportunity for training, personal development and employment

- **Vocational Profiling** – including career guidance using a range of specialised profiling tools
- **Employer partnerships** to facilitate Work Tasters, return to pre-injury work, Work Placements and Job Support.
- **Training Partnerships** with Further and Higher Education and community based providers
- **Learning Support** – support to reintegrate into mainstream training environment including Co-studenting and Independent Travel Training.
- **Voluntary Sector partnerships** to provide access to voluntary work and community based social activities.
- **Awareness Training** – promoting awareness of brain injury among employers, training providers and other partners.

Benefits to the individual:

- Opportunity to access mainstream training and employment options
- Increased physical and mental stamina
- Socially inclusive lifestyle options
- Positive outcomes, which include – paid or voluntary employment, further training.



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Offering people with brain injury the opportunity for training, personal development and employment

- **Assessment** of Socio-Vocational skills in partnership with Community Brain Injury Teams and other Rehabilitation Specialists
- **Vocational Profiling** – identifies trainee strengths and training needs and helps formulate an individual Action Plan.
- **Cognitive Skills** – Helps with memory, attention/concentration, planning and organising skills and assists the individual to learn new strategies aimed at helping trainees to re-integrate into the workplace.
- **Interpersonal Skills** – Designed to promote awareness of interpersonal relationships, especially in the work/training environment. Also provides confidence building and effective communication skills
- **Stress & Anger Management** – Developing appropriate skills and strategies for the workplace
- **Basic Skills Training** – Improving literacy and numeracy skills
- **Accredited training** – provides trainee with opportunity to gain qualifications for training undertaken.
- **Work based strategies** – monitoring of the use of strategies in the work place to promote skills development and progression.



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Floating Support



The Cedar Foundation's Floating Support Service offers support to adults over 18 years with an acquired brain injury who require support to live independently at home in the community. The scheme is funded through NIHE Supporting People and is directed at housing executive/ association and private sector tenants as well as homeowners. Its overall aim is to provide effective and appropriate support and housing management. Individuals will be able to access up to 6 hours of support per week for an average of 6-9 months.

TYPE OF SUPPORT OFFERED

The role of the Floating Support Worker is to provide a flexible service visiting the tenant on a regular basis and helping to meet their housing needs. All of the support is designed to help individuals to live independently at home and includes support with:

- Budget planning and management
- Maintaining a healthy lifestyle including planning shopping and cooking healthy meals
- Advice on home and community safety
- Benefits advice and information
- Managing tenancy agreement and knowledge about housing rights
- Helping to develop social and life skills in household management
- Finding educational courses, training and employment
- Advocacy and support with statutory agencies
- Advice and support about assistive technology and adaptive equipment that would support independent living

The Floating Support Worker will also provide emotional support but cannot assist with personal care, although they will help individuals to make suitable arrangements if they require this.

For further information contact:

Floating Support Service
The Cedar Foundation
1 Upper Lisburn Road
Belfast
BT10 0GW

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The Cedar Foundation
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